

Anti-Racism Advisory Student Workbook

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Unit #1: Who are you?

Unit 1 lesson 1



IGNITE: Consider if we had a new student joining our advisory community and you were asked to introduce yourself, how would you describe yourself? What characteristics would you choose?

Type your answer here:

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Our Norms

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Suggested Norms:

Use a respectful tone when speaking.

If you disagree with a thought, state why you disagree with the issue(not the person). Everyone has a right to identify themselves in whatever way feels right to them. Others should respect that by using the words that person has chosen.

Stay present and be open to new ideas.

Be an active participant today. Some ideas and views may be different from yours. Being uncomfortable is a natural part of growth. Listen attentively to others.

Respect privacy and identity of others.

Everyone has a right to identify themselves in whatever way feels right to them, others should respect that BY using the words that person has chosen. What is shared in our room, should stay in our class community.



YOU ARE EVERYTHING WITHIN YOU AND EVERYTHING THAT SURROUNDS YOU.

You are all the ancestors who came before you: those you've never known, never heard of, never seen -- and those you've passed on the street, sat next to, and snuggled near.

I'm sure you've asked, "WHO AM I?" and others have asked, "WHO ARE YOU?"

How do you answer? How much of yourself do you share with others -- if anything? This is who I was at 14...



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I'M
TIFFANY.

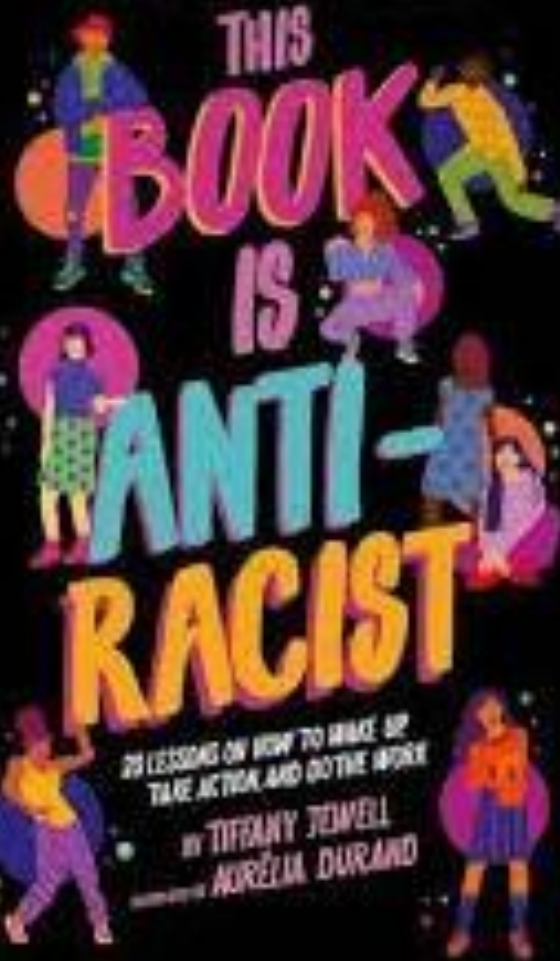
I'M 14 YEARS OLD.

I LIVE IN A SMALL HOUSE IN NEW YORK STATE. I LIVE WITH MY MOM AND MY TWIN SISTER. I'M A BLACK BIRACIAL CISGENDER FEMALE WHO HAS BROWN EYES AND A LOT OF FRECKLES. I HAVE CURLY HAIR AND HAVE GROWN TO LOVE IT, SLOWLY, OVER TIME. I LOVE TO READ AND BAKE. I LOVE TO DANCE WITH MY FRIENDS AND I WRITE TERRIBLE POETRY THAT ONLY I WILL EVER READ. ALL OF THAT IS WHO I AM...

AND I'M SO MUCH MORE.



#1 NEW YORK TIMES BESTSELLER



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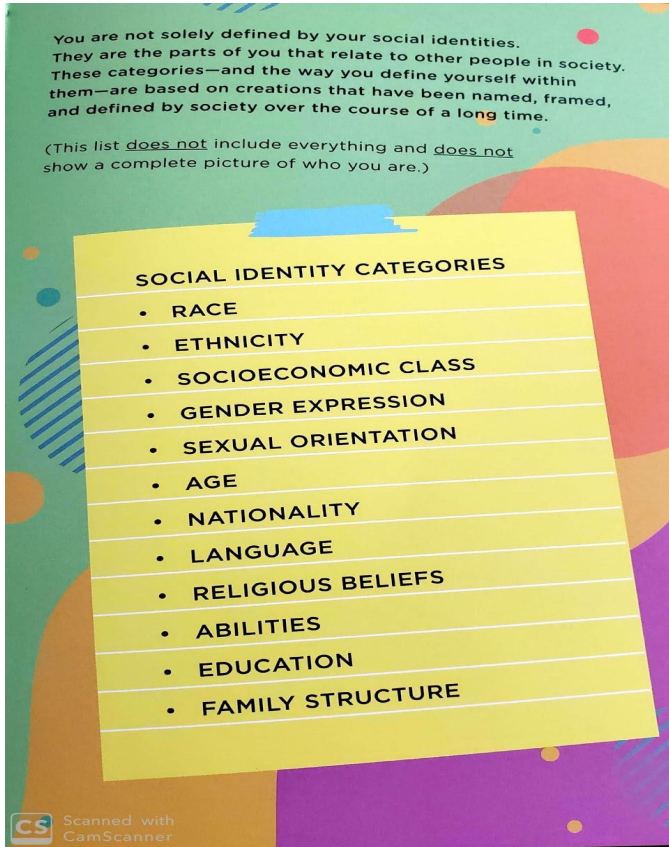
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Word Cloud Creator: Who are you?

Think of a list of words to describe
you:

- Type here
- Type here
- Type here

Use this [LINK](#) to type words you use to identify yourself to create a word cloud.

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Optional: Screenshot your Word Cloud

Place picture here!

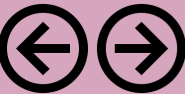
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Lesson #2: "What is identity?"

I know who I am.

AGREE!

Not
sure..

DISAGREE!



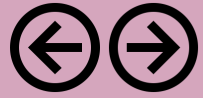
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Lesson #2: "What is identity?"

It can be difficult to describe who you are.

AGREE!

Not sure..

DISAGREE!



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Lesson #2: "What is identity?"

My identity can change over time as I grow up.

AGREE!

Not sure..

DISAGREE!



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Lesson #2: "What is identity?"

It is okay to say phrases like "I am white."

AGREE!

Not sure..

DISAGREE!



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Lesson #2: "What is identity?"

I feel comfortable talking about my personal identity.

AGREE!

Not sure..

DISAGREE!



Power Flower directions

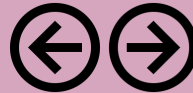
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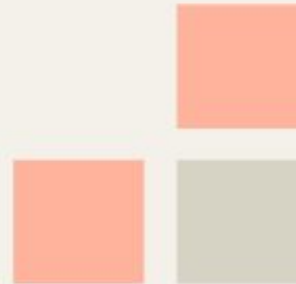
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Activity: Power Flower

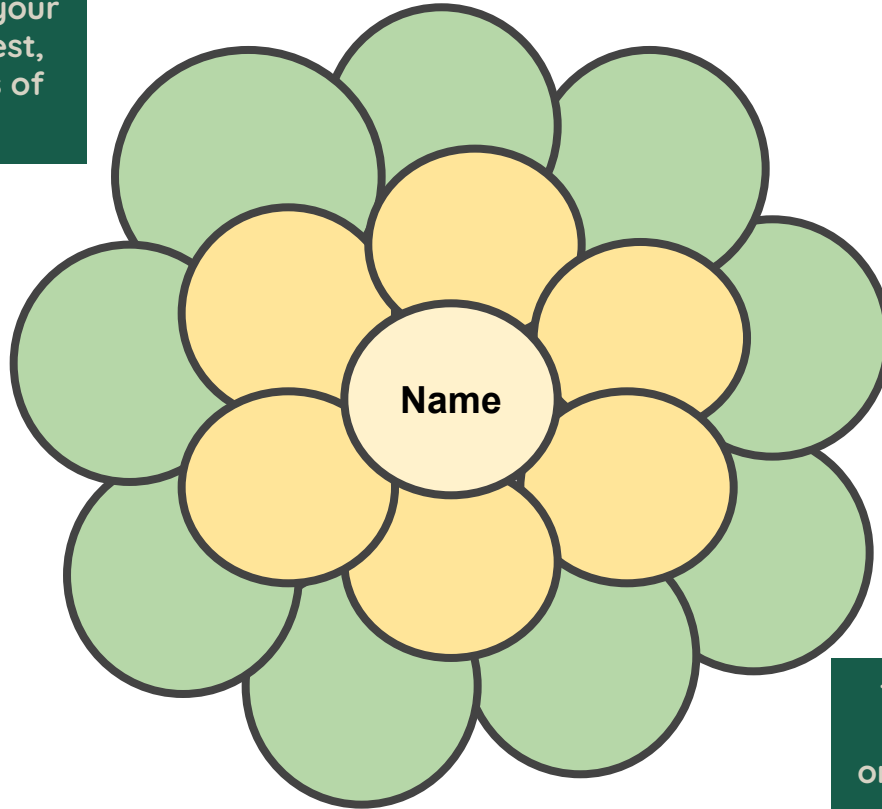
Students will use this document to create their own power flower!

- The center circle is YOU! Put your name and make it represent you!
- **Your Power Flower is meant to represent your identity. Your Power Flower will include five of your Big 8 Identifiers, your interests, and your core values.**
 - You will be able to place the items on your flower in any order. **GOAL: Place the items that are essential to your identity closest to the inner circle.**



Power Flower: Who are you?

Your Power Flower is a representation of your core values, interest, and rooted pieces of your identity.



The items closest to your name are the ones that are essential to who you are!

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Discuss:

What did you place
on your **Power
Flower** and why?



What did you place on
your power flower? Why?

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Let's Wrap It Up:

I know who I am.

AGREE!

Not
sure..

DISAGREE!

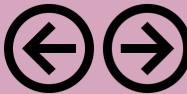
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It can be difficult to describe who you are.

AGREE!

Not
sure..

DISAGREE!

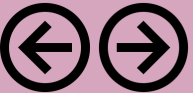
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My identity can change
over time as I grow up.

AGREE!

Not
sure..

DISAGREE!

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It is okay to say phrases like “I am white.”

AGREE!

Not sure..

DISAGREE!





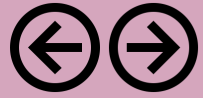
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I feel comfortable talking about my personal identity.

AGREE!

Not sure..

DISAGREE!



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Unit #2: Who are we?

Our Definition:

community is...

Type our classroom definition of community below:

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Journal Reflection:

Sometimes our communities could (and should) do more for us, what do you need from your community in order to personally survive and thrive? Make your personal list below:

- Type here

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Just like individuals have identities, groups have identities called their “cultures.” What parts of your culture are observable? What parts of unobservable?

observable

Type here



unobservable

Type here

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DISCUSS

What happens when
people with different
cultures come together
in a community?

Thoughts?

Start now!

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